# Activity Schedule for July 2022

# **Joyce Raye Patterson 50+ Activity Center**

100 South 10<sup>th</sup>, St. Joseph, Mo 816-271-4666

CAFETERIA: Tues.-Friday
11:00AM-12:30PM
OPEN TO ALL AGES
Carryout and Dine In

Billiards, 8-Ball, Snooker, Shuffleboard/Table Tennis .75cents per day per person Fitness Center
M-Thus. 8-7:30pm
Fri. 8-5 Sat. 8-11:30
Dance Nights 7-9:30 pm

# **MONDAY**

Line Dance Lessons 3-4pm \$2

Fit Club with Kelly 1-2pm \$2

# **TUESDAY**

Mah Jong Queens—1:00pm (.50)

Mexican Train—1:00 pm (.50)

### **WEDNESDAY**

Beginning Line Dance Lessons, 3-4pm \$2

Blood Pressure 2:15-3:15pm by

Help @ Home

Diabetes Self Management 2-4pm

### **THURSDAY**

Spades, 1-4 pm (.50)

### **FRIDAY**

Chair Tai Chi (Seated) 10-11am

July 8,"Freudenthal Free Craft "

10:30-noon - **Free** 

**Blood Pressure Checks** 

Wednesdays, 2:15—3:15pm

By Help at Home

July 14 "Squash"

Larry Werthmueller, Master Gardener 10:00-11:30 **Free** 

July 15, Blood Pressure Checks

by Abbey Woods, 10:00-11:30am

**July 19 Senior Citizens** 

Foundation Board Meeting, 3-4pm

July 22 Corn Hole noon-1:30pm—Free

July 22 Acrylic Dip Class—8"x8" canvas

9:00am-11:00am-\$10

JULY DANCE

Dixie Cadillacs July 16, 7:00,

\$7

Thank you for your patience!

Our painting project is almost

Finished!!

Fitness Center opens July 1!

Tentative opening for cafeteria and Multipurpose Room is July 12

